



## Vitamin B-12 5,000 mcg Lozenges

Inwell's Vitamin B-12 is a great tasting lozenge providing 5 mg (5,000 mcg) of Vitamin B12 in the active, methylcobalamin form. This active methyl form has metabolic advantages over other forms, including more cobalamin deposited in tissue than with the cyanocobalamin form.\* Vitamin B12 is a water-soluble vitamin necessary for the maintenance of a healthy nervous system, enhanced cognition and the metabolic utilization of fats and proteins.\* It is also essential for the synthesis of DNA during cell division and therefore is especially important for rapidly multiplying cells, such as blood cells.\* In addition, it may support healthy homocysteine levels, cardiovascular health and neurological health.\*

### Directions

Chew one lozenge once per day until dissolved or as directed by your healthcare practitioner.

#### **Does Not Contain**

Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

#### Cautions

Keep out of reach of children

# Supplement FactsServing Size 1 Lozenge<br/>Servings Per Container 60Amount Per Serving% Daily ValueVitamin B12 (as methylcobalamin)5,000 mcg208,333%

**Other Ingredients:** Xylitol, sorbitol, hydroxypropyl cellulose, citric acid, stearic acid, fruit punch flavor, magnesium stearate.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.